



What's Inside

Garrison news
pages 2 & 3
Summer Safety

Community events
pages 4 & 5

Community Camera: A
snapshot of local
events making the news

Travel Page: Arco is a
local rock climber's
paradise

Community news
pages 6 & 7

OUT & ABOUT: A listing
of local concerts,
festivals and events

Movie Schedule

Sports
page 8

Scuba training at
Villaggio pool



DON'T FORGET

Military and civilians affiliated with the U.S. military community in Italy are advised to carry their passports and soggiornos with them when traveling between June 28 and July 15, according to information received from the Italian government.

Italy will be hosting the G-8 summit in Abruzzo and during this timeframe, Italy will suspend the Schengen Accord and require all persons leaving

See MAKE COPIES Page 2



Photo by Sgt. Maj. Kimberly Williams

Sgt. 1st Class William Terry, HHC 2-503, referee for the ROCK Combatives Tournament, observes Sgt. Andrew Smith, HHC 2-503 as he applies a cross collar choke on Pvt. Edward Griffith, A Co 2-503. The tourney took place June 23-24 at the Caserma Ederle gym to determine who would represent the battalion at 173d ABCT's tournament June 28-30. To download and share this and other community photos, visit the garrison's Web site at www.usag.vicenza.army.mil and click on the flickr logo at the bottom.

The ROCK takes it to the mat

Staff report

One hundred forty-two Soldiers from the 2nd Battalion, 503rd Infantry "ROCK" Regiment (Airborne) entered the ROCK Combatives Tournament in seven weight classes to compete for the top slot and bragging rights June 23-24 at the Caserma Ederle gym.

The winners will represent 2-503 in 173rd ABCT's combatives tournament June 28-30.

What it's all about

"Combatives training helps to instill courage and self-confidence in paratroopers," said Command Sgt. Maj. Lyle Womack, 2-503rd Inf. (Abn.) "With competence comes confidence and the

understanding of controlled aggression and the ability to remain focused while under duress."

Now more than ever

And with today's Soldier spending more time engaging the enemy in hand-to-hand combat than the Soldiers before him, the U.S. Army is reemphasizing this crucial skill.

Womack called it hard and arduous physical training that is "at the same time mentally demanding and carries over to other military pursuits.

"The overall effect is a successful physical fitness program that enhances individual and unit strength, and builds personal courage, self-discipline, and esprit de corps," he said.

Staff Sgt. Kevin Rice, HHC 2-503, is

Level IV combatives-qualified and spearheads the ROCK Combatives Program. Since returning from deployment the ROCK has certified 106 paratroopers at Level I; 14 at Level II; and 5 at Level III.

Step by step

Level 1 is a weeklong 40-hour course of instruction which culminates with achieve-the-clinch drill. Level 2 is a two-week 80-hour course that focuses on take-downs and submission maneuvers. Level 1 and 2 combatives certification is conducted at battalion level by a U.S. Army Combatives School-trained Level 3 or 4 certified master combatives trainer. Level III and IV are conducted by the Fort Benning, Ga., combatives instructors.

Garrison gets SRM money

Staff report

Life may have become just a little more comfy for community members.

USAG Vicenza is one of the many garrisons to receive a significant sum of Sustainment, Restoration and Modernization funds flowing to Europe this year.

Specifically, USAG Vicenza is slated to receive more than \$20 million in additional SRM funding for repair and maintenance projects in FY09.

Approximately \$5 million of these funds will go toward restoration of administrative space, energy conservation,

major repairs and community events facilities on Caserma Ederle. Projects will include:

- Repairs to B-28 administrative space
- Extension and modification to B-109 garrison headquarters
- Renovate B-300 Club V

See FUNDING Page 2

Italian logisticians visit USARAF

Story and photo by RICK SCAVETTA
U.S. Army Africa

Maj. Gen. Paolo Reghensburgher, commander of Comando Logistico Nord, the Italian Army's logistics command for northern Italy, visited U.S. Army Africa headquarters June 23 and toured Caserma Ederle with his staff and American counterparts.



USARAF Commander Maj. Gen. William B. Garrett III met with Maj. Gen. Paolo Reghensburgher, commander of Comando Logistico Nord, this week at USARAF headquarters to discuss the command's new role - partnering with African nations to promote stability on the continent.

See USARAF Page 2

Funding enables wave of garrison facilities maintenance, repair projects

continued from Page 1

- Construct a pavilion at Hoekstra Field

- Install radiant heating in Bldg. 207 maintenance facility (energy conservation)

- Replace chillers at PX B-302 (energy savings and customer comfort)

- Connect Ederle Inn to steam system (energy savings).

Approximately \$16M of these funds will go toward restoration of buildings and utility systems in the Legacy Zone on Dal Molin.

This is a huge boost to USAG Vicenza's ability to restore these facilities and provide additional administrative, maintenance and barracks space for garrison tenants, and will lead to a reduction in leased facility space.

These projects will include:

- Repairs to B-3 administrative space

- Repair water treatment and distribution system

- Repair utility lines

- Repairs to B-76 motorpool

- Repairs to B-67 warehouse

- Construct a hardstand in motor pool B-76

- Repair B-139 barracks,

- Repairs to B-146 maintenance/administrative space

- Installation of photovoltaic panels that will provide an initial source of renewable energy for the area.

This year's funding, coupled with favorable FY08 funding, has the cumulative impact of producing lasting improvements in facilities that up until now have historically suffered from funding challenges.

USAG Vicenza also received over \$17 million in additional funding in FY08 that enabled the garrison to add projects such as repairs to buildings and facilities

at Longare, new sports courts and company administrative buildings on Caserma Ederle, gym renovations and additions and infrastructure improvements in Villaggio and on Caserma Ederle.

The garrison's directorate of public works has been very proactive in obtaining additional funding through special programs and tenant provided funds. Utilizing these funds, their normal SRM allotment and the additional SRM monies received, the DPW has initiated more than 30 major projects and numerous smaller projects that have significantly improved the overall quality of facilities throughout the garrison.

According to IMCOM-Europe officials, this is the first year that Europe garrisons have ever received 100 percent of their authorized SRM funding. The fiscal year 2009 funding

enables the reduction of outstanding work and service orders, more thorough execution of routine preventive maintenance, the initiation of a number of unit-move transformation projects and initiation of projects that improve barracks and repair facilities of deployed Soldiers, along with enhancing energy efficiency, the transportation infrastructure and community facilities.

"In Soldier terms this means that we in the installation management business will be eliminating some of the backlog of nagging maintenance deficiencies in our barracks and around our communities while simultaneously making some wise capital investments to our infrastructure thus improving sustainability and quality of life," said Diane Devens, director of IMCOM-Europe. "Our ability to execute about 300 more projects

than originally anticipated at the beginning of the year is simply great news for the soldiers and families stationed in Europe."

The rest of the story...

Indeed, every military community stands to gain in receiving the bulk of their priority SRM project funding. Examples of where the money is being spent:

- Transportation infrastructure: \$4.6 million;

- Barracks improvement: \$10.3 million;

- Energy projects: \$13.9 million;

- Transformation programs: \$38 million;

- Community facilities upgrades: \$9.3 million;

- General installation improvements: \$108.2 million.

Make copies of travel documents for safekeeping, carry originals

continued from Page 1

and entering the country to present proper identification such as passports and soggiornos. As a general safety measure, it is wise to make a copy of your passport and soggiorno and leave the copies in a safe place in your home or place of business. Direct questions to the Directorate of Human Resources, passport section at 634-7721 or 0444-71-7721 from off post.

End-of-year tuition assistance guidance announced

IMCOM-E press release

Soldiers registering for end-of-year college classes through the GoArmyEd Web site must do so prior to the Army's fiscal year closeout Sept. 29. This does not impact registration for courses starting Oct. 1, 2009, or later.

GoArmyEd will not be operational Sept. 30 for the fiscal year cut-off. Individuals seeking more information should either visit the GAE portal or contact local U.S. Army Garrison Army education counselors, said Ruth Foster, IMCOM-Europe ACES education services specialist.

USARAF hosts Italian logistics command

continued from Page 1

U.S. Army Africa's logistics division hosted the Italian officers to build a rapport and share ideas on how to support military operations with supply and logistics.

"Social events like this are the key to building and maintaining partnerships with our Italian counterparts," said Col. Jeffrey Douville, U.S. Army Africa's senior logistics officer. "This fosters a friendly relationship and promotes our ability to work together."

The Padova-based command traces its roots to 1948. For nearly six decades, it served as the regional headquarters for the Italian military. Two years ago, the unit became a logistical command, focusing on sustainment of Italian units

across northern Italy.

During the visit, Italian logisticians underwent a U.S. Army Africa briefing that detailed the command's recent transition from Southern European Task Force to becoming the land component of U.S. Africa Command. Maj. Gen. William B. Garrett III, commander of U.S. Army Africa, met with Reghensburgher, discussing the command's new role – partnering with African nations to promote stability on the continent.

"For many years, our Army has maintained an enduring relationship with our Italian partners," Garrett told the Italian logistics contingent. "It's important for us to strengthen these ties, to support each other in the future."

Speak Out

What is the best gift you've ever received?



Spc. Jesse Norman
1-503

"Love from my family."



Giuliano d'Andrea
SETAF

"My two grandchildren."



Jean Sweeton
ACS

"Definitely my kids!"



Staff Sgt. Josh Eaton
1-503

"That's a hard question ... my truck."



Mary Swinehart
Family member

"My digital camera."

The Noncommissioned Officer PROFILES OF SUCCESS



Sgt. 1st Class Grant Beyl

Unit: Co. A, 1st Bn., 503rd Inf. Regt. (Abn.)

Current Position: Platoon sergeant

Age: 32

Hometown: Farmington, Minn.

Years in service: 11

What would surprise people about you: Nothing.

Biggest mentor(s) and why: Too many to list.

Life's ambition: To own a home.

Your definition of an NCO: Someone who might not know all the answers, but can find the answers.

List of major assignments/deployments: OIF I & OEF VI

Your defining moment as an NCO: When a Soldier re-enlisted because he wanted to do what I did.

Reason for your success: Blind luck. I was at the right places at the right times.

Advice for junior Soldiers: Never let the lows bring you down. Own up to your actions, right or wrong.

Visit the Army's Web site dedicated to the Year of the NCO at www.army.mil/YearoftheNCO.

Hot weather can be a killer

U.S. Army Africa Command Safety

If you work outdoors in hot weather, or work in other hot environments, you are at risk for heat illnesses. The most serious of these illnesses is heat stroke, a life-threatening condition requiring immediate medical attention.

Take these precautions to avoid heat illness:

- Take it easy. Working in a hot environment is a stress on your body, so don't overdo it. Take frequent short breaks.

- Drink plenty of water, and drink it frequently. Avoid alcoholic beverages and drinks containing caffeine, which can contribute to dehydration.

- Dress in lightweight fabrics that provide ventilation. Light colors are cooler than dark colors, which absorb the sun's heat.

- Know you are at particular risk for heat illness if you are overweight, in poor health, poor physical condition, have heart disease, diabetes or other medical conditions.

Recognize heat illnesses and know how to treat them:

- Heat cramps are caused by heavy sweating which can deplete the body of salt. They may be accompanied by hot,

moist skin and a slightly elevated body temperature. The cramps in the arms, legs, or stomach can occur while you are working, or when you are relaxing after your shift.

Heat cramps are a danger signal of heat stress. Treat heat cramps by moving into the shade and loosening clothing. Drink a lightly salted liquid. If cramps persist, seek medical help.

- Heat exhaustion may be characterized by heavy sweating, strong thirst, cool and moist skin, a quick pulse, rapid breathing, nausea, a feeling of fatigue and possibly fainting.

Heat exhaustion indicates the body's mechanism for controlling heat is beginning to break down. To treat heat exhaustion, cool the victim as fast as possible, fanning, and pouring water on the victim if necessary. Have the victim drink water and call immediately for medical help.

- Heat stroke is a serious medical emergency that can quickly proceed to unconsciousness and death. It occurs when the body loses too much salt and water so that sweating stops.

At that point, the body's temperature control mechanism fails and body temperature increases rapidly.

Symptoms include hot, red, dry skin, a quick pulse, difficulty breathing, dizziness,

confusion, strange behavior, weakness, and nausea. Heat stroke can quickly progress to convulsions, coma, loss of pulse and an extreme body temperature. Death can follow rapidly.

To treat heat stroke, immediately begin cooling the victim to lower the body temperature as fast as possible. Wrap the person in an ice sheet, immerse him in water, or use ice to cool his body. Call for medical help immediately.

Other hot weather hazards:

- Sunburn is another hazard of hot weather. Not only is sunburn a painful condition, but it can contribute to skin cancer. Cover up to prevent sunburn. A hat with a brim, long-sleeved shirt and pants rather than shorts can help prevent burning.

Use a sunblock with a sun protection factor (SPF) of at least 15. Try to stay out of the sun during the peak hours of 10 a.m. to 3 p.m.

- Too much bright sunlight can cause temporary eyestrain and permanent eye damage. Exposure to the sun can damage the retina inside the eye, and contribute to the development of cataracts, which cloud the vision.

Protect your eyes from exposure to the sun's rays. Wear sunglasses which provide protection against both UVA and UVB ultraviolet radiation.

Don't let your Fourth of July end in tragedy

Know fireworks restrictions for your housing area, two-hour food safety rule

USAG Vicenza Safety Office

Fire up the grills, chill the drinks, get the family and friends together and let's celebrate America's birthday.

The Fourth of July is traditionally a time of the year for heavy travel and hearty celebrations; however, it is also a time when many accidents occur due to poor decision-making and a few recurring themes are worth mentioning.

Firework displays are one of the cornerstones of any Fourth of July celebration.

However, on Army installations fireworks are prohibited. This includes family housing areas and government leased quarters, unless conducted by a licensed contracted company.

Recurring theme No. 1:

If fireworks are authorized in your neighborhood, supervise the children.

Sparklers seem relatively harmless but they are estimated to burn at temperatures between 1,500 and 3,000 degrees Fahrenheit and are statistically a main cause of structural fires and burns.

Recurring theme No. 2:

Automobile accidents involving alcohol.

If your plans include traveling, plan to take frequent rest breaks and do not start the party until you arrive at your destination. Always wear your seatbelt; don't drink and drive. Be responsible.

Recurring theme No. 3:

Food poisoning and barbecue burns. Use common sense when grilling and keep children away from the hot grill.

Remember the two-hour food rule: cooked or prepared foods should not stay at room temperature for more than two hours before discarding or refrigerating.

Information for safe food handling can be found at <http://www.health.sa.gov.au/pehs/Food/2hour-4hour-rule.pdf>. Keep these recurring themes in mind when planning your Fourth of July activities and have a safe holiday.

The Outlook

June 25, 2009 Vol. 42, Issue 25

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The Outlook is an unofficial publication authorized and provided by AR 360-1.

All editorial content of The Outlook is prepared, edited, provided and approved by the U.S. Army Garrison Vicenza Public Affairs Office in building 3, room 101, on Caserma Ederle in Vicenza, Italy. Telephone DSN 634-7000,

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The Outlook is published weekly by the USAG Vicenza PAO, Unit 31401, Box 10, APO AE 09630. It is printed by Centro Stampa Editoriale SRL, Grisignano (VI) 0444-414-303.

Editorial publication is an authorized section for members of the U.S. Army overseas. Contents of The Outlook are not necessarily the official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army, Installation Management Command-Europe, U.S. Army Garrison Vicenza or the U.S. Army Southern European Task Force.

Submissions: Send all submissions for publication to DL_USAG_Vicenza_Outlook_Editor. Submissions should be made via e-mail and must be received by Monday at noon for that week's publication. The editor reserves the right to edit all submissions for style, brevity and clarity. Circulation is 2,500 per week.

At your service Family Advocacy



Adrienne Williams is the Family Advocacy Program specialist.

"I implement training programs and workshops for the families and single Soldiers in the community," she said. Williams also teaches classes that include anger management, parenting skills and couples classes.

Her office is located on the second floor of Davis Soldier and Family Readiness Center.

For assistance or more information, call 634-7500. Hours are 8 a.m. - 5 p.m.

Williams is available, on call, after hours for domestic violence and sexual assault emergencies by calling 634-JUST (5878).

Community Camera

A snapshot of events making news in the U.S. Army military community in Vicenza...



Soldiers from Delta Company, 173rd Airborne Brigade takes part in the First Rock Community Engagement Program, an initiative to build a stronger bond between Soldiers of the 173d Airborne Brigade and Italian communities. The initiative started in the town of Gazzo, about 10 miles east of Vicenza June 23. It consisted of cleaning up the bike trail nearby the main road heading on the way to Gazzo.



Photos by Laura Kreider

Pvt. Timothy Miller (left) holds the bag as 2nd Lt. Jason James picks up plastic bottles found in the area. Both are Soldiers from Co. D, 1-503rd, 173rd ABCT.

Each of the six companies in the battalion are working closely with a specific community in the region to promote positive relationships and better cooperation," explained 1st Lt. Kevin R. Smith, S9, 1st Battalion, 503rd Infantry Regiment (Airborne).

"Company A is working in Arcugnano; Co. B in Torri; Co. C in Camisano; Co. D in Gazzo; Co. E in Creazzo; and Headquarters and Headquarters Company in

Costabissara. We want to show that we appreciate how the Italians have embraced the troopers and families of First Rock and that we are highly committed to being involved in community improvement. Our goal is to foster progressive integration of the unit into the community in more positive ways for years to come," he said.

A presentation took place at the Gazzo City Hall with Lt. Col. Matt McFarlane, 1-503 Inf. (Abn) battalion commander, Loredana Pianazzola, the mayor of Gazzo

and Lt. Col. Giovanni Maccanti, deputy G-3, NATO.

"As a battalion, we are interested in creating partnerships between our units and local communities," said McFarlane after the event.

"D Company's event this evening was a great first step along that path. We are looking forward to more mutually beneficial events with communities in the Vicenza area, and we hope to continue to strengthen our ties with our host nation," he said.

TELL ME A STORY

USAG Vicenza NCO of the Year Staff Sgt. Daniel Gaumer and Command Sgt. Maj. Jeffrey Hartless (right) read "Sam, The Army Dog" to a pre-school class as part of the Army Birthday Celebration at the Child Development Center on Caserma Ederle June 19. The reading was followed by a special birthday cake cutting. CYSS School Age Services students also participated in the event.

"With the Army Birthday, we get to celebrate how Soldiers serve our country and that they are fighting in the war for us," said 9-year-old Sheila Perez.

"It is really nice of them to help our country be free," said Anahi Aguilera, 8. "If they didn't fight for our country, we could be slaves right now instead of being free and safe."

Photo by Laura Kreider



Gioppo



Douville



Vivaldo



Tucker



Lindquist



Tenasgalindo

FOR MORE THAN A CENTURY OF SERVICE

The U.S. military community in Vicenza celebrated the retirements of Col. Jeffrey Douville, Lt. Col. Carl Tucker, Sgt. 1st Class Carlos Tenasgalindo, Jean Lindquist, Graziano Vivaldo, and Marisa Gioppo, during a ceremony held June 25 in the Ederle Theatre. The six retirees served our nation for over 140 combined years of faithful service.

Col. Jeffrey Douville, G4 director of logistics and assistant chief of staff, U.S. Army Africa, received the Legion of Merit award.

Lt. Col. Carl Tucker, chief of plans and sustainment operations, G-4, U.S. Army Africa was awarded the Meritorious Service Medal.

Sgt. 1st Class Carlos Tenasgalindo, 173rd Airborne Brigade Combat Team, was awarded the Meritorious Service Medal.

The Superior Civilian Service award was presented to Jean Lindquist for exceptionally meritorious service as the U.S. Army Africa deputy assistant chief of staff, G-4.

Marisa Gioppo, Information Technology specialist, Directorate of Logistics, USAG Vicenza, received the Superior Civilian Service award for her 40 years of service to the U.S. military community in Vicenza.

A certificate of retirement was presented to Graziano Vivaldo for 12 years of dedicated service at the Document Automation and Production Services, USAG Vicenza Directorate of Human Resources.



The dramatic limestone cliffs rise above the Sarca River in Arco at the Northern end of Lake Garda. The picturesque scenery make it an ideal location for one of its No. 1 pastimes--rock climbing-- or just strolling along the river bank.

Welcome to rock-climbing paradise

Whether you're a fan of rock climbing, **hiking** or mountain biking or just want to **experience** some breathtaking scenery, a trip to **Arco** at the northern tip of Lake Garda is something *you won't want to miss*.

You won't see camera-toting tourists or fashionably clad strollers in the area, as the town is full of hard-core rock climbers and bikers. Indeed, there seems to be a rock climbing store on every block in Arco, selling everything from ropes and clips



to specialized clothing and shoes. The limestone cliffs that surround the town make it a virtual playground for climbers, and every year thousands of sport enthusiasts flock to Arco for a myriad of competitions and fairs.

On May 22-24, the town



hosted OutdoorDays, a trade fair dedicated to the many area sports, including climbing, mountain biking, hiking, Nordic walking, canyoning and canoeing. Visit outdoordays.it for more information.

This year marks the 23rd annual Rock Master competition, which takes place on Sept. 5-6 at an artificial climbing stadium downtown. The wall is 18 meters (or about 60 feet) high, with 3,000 artificial holds. Rock Junior, a climbing festival for kids ages 5 to 13, took place in Arco June 6-7. Visit www.rockmaster.it for upcoming events.

Besides rock climbing, Arco also has a number of historical and cultural sites, including the 12th Century *Castello d'Arco*, built high up on the cliffs overlooking the town. The castle can be reached via a footpath from downtown and is open daily from 10 a.m.–4 p.m., and closed on Mondays.

There is also a lovely botanical garden, *l'Arboreto*, built in 1872 by Archduke Alberto of Habsburg when Arco was the winter residence of the Imperial Austrian Court. The park boasts many Mediterranean plants, a palm-tree forest, a pond with giant koi and turtles as well as

oaks, conifers and even giant sequoia trees. The park is a great place to relax and escape the summer heat, or picnic on the grass.

Arco is located in the province of Trento at the northern tip of Lake Garda. To get there, take the A22 Auto-strada toward Brennero and exit at Rovereto Sud/Lago di Garda Nord, then follow signs for Arco. The trip is an approximate 90-minute drive from Vicenza.

Story and photos by Samantha Smith



Darby Dates

Benvenuti

New to Camp Darby and don't know where to go to get answers? Learn about Italian customs, culture, local shopping, paying Italian bills and more at this two-week class beginning July 7.

Call 633-7084 to RSVP.

Know your consumer rights & obligations

Learn what you, the consumer, are entitled to and what your responsibilities are during this quick class July 7. Call 633-7084 for details.

Identity theft class

Learn how to protect yourself and family from identity theft crimes in this July 8 class. Call 633-7084.

Texas Hold'em

Come to Texas Hold'em June 26. Fun begins at 6:30 p.m. Call 633-7855.

Story hour

Don't miss story hour July 8 at the post library for ages 3-5. Call 633-7623 for details.

Smooth move/levy briefing July 8

Learn what it takes to have a stress-free move from Camp Darby on July 8.

Call 633-7084 for details.

Debt liquidation class

Learn what it takes to get out of debt and how to report false claims on your credit report when you attend this July 9 class. Call 633-7084.

Darby Religious activities

For details, call the chapel at: 633-7267 (050-54-7267)

9:40 a.m.: Catholic Reconciliation

10 a.m.: Catholic Mass

11:15 a.m.: Protestant worship

Protestant **Sunday school** starts at 10 a.m.; Catholic CCD at 11:15 a.m.

The chapel is collecting cardboard, robes, children's plastic swimming pools and cardboard rolls from paper towels and toilet paper.

Contact the Catholic education coordinator to find out when the next confirmation will take place or for more information.

Choir practice is at 9:30 a.m on Sunday before Mass.

The congregation needs a cantor.

Talk to Chaplain Porter or Father Roberto to serve.

Gnocchi, catfish, beer festivals on tap



Photo courtesy of Pro Loco Mossano

CATFISH FESTIVAL: Food booths featuring stewed and fried catfish and other typical local dishes, along with live music and dancing, can be enjoyed during this weekend's Catfish Festival. See below for more details.

Festivals & events

Catfish Festival: June 27-28, in Mossano, Località Munari, about 13 miles south of Vicenza.

■ June 27: 7 p.m. food booths featuring stewed and fried catfish and other typical local dishes; 9 p.m. live music and dancing with *I Poppins Band*.

■ June 28: 9 a.m. free guided tour to the old prisons of Mossano departing from Fattoria Dalla Pozza. 12:30: food booths open. 9 p.m. live music and dancing with the *Luigino Band*.

Frog Festival: June 26-July 1, in Gossa di Gazzo Padovano, about 10 miles east of Vicenza.

Food booths featuring frog risotto, fried frogs, sausage and polenta, gnocchi, horse steaks, homemade desserts and local sweets.

Carnival rides, free parking, live music and dancing every evening starting at 9 p.m. Fireworks on July 1 at 11:45 p.m.

Antique Market: June 27, in Piazzola sul Brenta, (PD), Villa Contarini, about 16 miles east of Vicenza. More than 700 vendors and food booths.

Ukulele Fest: June 27-28, in Vicenza, Astra Theater garden, Contrà Barche 55. Ukulele exhibition and sale. Free entrance.

■ June 27: 6:30 p.m. warming up jam session with Ken Middleton. If you have a ukulele, bring it with you; 8:30 p.m. Ukulele concert.

■ June 28: 3:30 p.m. blues workshop; 4:30 p.m. hula-dance; 8:30 p.m. concert with the

Honolulu Hula Boys and *Aaron Keim*. Visit <http://www.ukulelefest.it/program.htm> for English info.

Saint Peter Festival: June 27-28, in Schio, Via Pasini, about 13 miles northwest of Vicenza.

■ June 27: 7 p.m. *Paella & Flamenco*, Palazzo Boschetto; 10 p.m. food booths and *Samba & Sangria* Latin-American dancing.

■ June 28: 9 a.m. - 6 p.m. Motorcycle exhibition and show; 7 p.m. food booths and ballroom dancing.

■ June 29: 7 p.m. food booths; 8:30 p.m. live music in Piazza Falcone e Borsellino; 9 p.m. *Monte Pasubio Choir* performance, Piazza Falcone e Borsellino; 11 p.m. Fireworks.

Gnocchi and beer festival: *Gnock'n'Roll:* June 25-28, 3:30 p.m. in Poleo (Schio), about 23 miles north of Vicenza.

■ June 25: 7 p.m. food booths, 9 p.m. *Gnock'n'roll* musical contest.

■ June 26: 7 p.m. food booths, 9:30 p.m. *X-Sense Band* concert; 10 p.m. Oktoberfest with German experts demonstrating how to correctly pour beer from a bottle into a glass.

■ June 27: 3 p.m. soccer tournament Italy vs. a European team. 7 p.m. food booths; 9:30 p.m. German band folk concert.

■ June 28: 7 p.m. food booths with free gnocchi tasting; 9:30 p.m. *CB Band* concert.

Butterfly Arc: in Montegrotto Terme, Via Degli Scavi, 21, about 34 miles southeast of Vicenza. Open daily 9:30 a.m.-5:30 p.m. Admission fee: 8 euro; reduced 6

euro for children 4-12 and senior citizens over 65.

Ticket includes entry to the Fairy's Wood. The Butterfly Arc houses hundreds of specimens of arthropods, including scorpions, scarabs, and dung beetles, chosen from among the largest specimens in the world. The Fairy's Wood is a 7,000 square meter park where the relationship between man and nature is examined by connecting history, traditions, fantasy and science.

Visit <http://www.casadellefarfalle.it/eng/index.php> and <http://www.boscodellefate.it/eng/default.htm>.

Esapolis -Museum of live insects, silkworms and bees: in Padova, Via dei Colli 28, about 24 miles southeast of Vicenza. Tuesday-Saturday 9:30 a.m.-noon & 2:20-5:30 p.m. Sunday and holidays 9:30 a.m.-7:30 p.m.

Admission fee: 7 euro. Reduced: 5.50 euro for children 4-12 & senior citizens over 65. Free for children under 4.

1900-2000 History of a Century, June 27, 8:45 p.m., in Vicenza, in the park of Villa Curti Gazzotti in Bertesina, about 3 miles northeast of Caserma Ederle.

Play performed by the amateur theatrical company of La Fraglia, an institute for disabled. E-mail anna.terracino@eur.army.mil to request an English script.

Outlet shopping tours in Verona - In July and August the tourist office of Verona offers four different tours to discover the city and typical products. Visit <http://www.veronatuttintorno.it/eng/index.php>

FREE concerts exhibits, classes

Multi-ethnic choir: Let the world sing: June 26, 8:30 p.m., in Vicenza, Fluviale Retrone Park, Via Malvezzi, Ferrovieri district.

Italian Rap concert: June 26, 10 p.m., in Vicenza, Fluviale Retrone Park, Via Malvezzi, Ferrovieri district.

Reggae and SKA concert: June 27, 10 p.m., in Vicenza, Fluviale Retrone Park, Via Malvezzi, Ferrovieri district.

Urban Dance show: June 27, 5:30 p.m., in Vicenza, Piazza Matteotti, Piazza dei Signori, Piazza delle Poste, Piazza Castello, Giardini Salvi.

Romanian music, dances and songs: June 28, 10 p.m., in Vicenza, Fluviale Retrone Park, Via Malvezzi, Ferrovieri district

Pay concerts & events

■ **Lenny Kravitz:** in Lucca, July 11.

■ **The Killers:** in Rome, July 14.

■ **U-2:** in Milan, July 7.

■ **Elton John with special guest Anastacia:** in Verona, July 7.

■ **Testament, Dragonforce and Cathedral:** in Piazzola sul Brenta, July 7.

■ **Steely Dan:** in Piazzola sul Brenta, July 8.

■ **Gary Husband:** in Piazzola sul Brenta, July 26.

■ **Madonna:** In Milan, July 14; in Udine, July 16.

■ **James Taylor:** in Piazzola Sul Brenta July 15, in Lucca, July 16.

■ **Motörhead,** in Piazzola Sul Brenta July 17.

■ **Burt Bacharach with special guest Karima:** Lucca, July 18.

■ **George Benson:** Villafranca

(Verona), July 19.

■ **Tracy Chapman:** Arezzo, July 22.

■ **Bruce Springsteen:** in Rome, July 19; in Torino, July 21; in Udine, July 23.

■ **Jack Bruce and Robin Trower:** in Piazzola sul Brenta, July 26.

■ **John Fogerty:** in Lucca, July 26; in Piazzola sul Brenta, July 28.

■ **ColdPlay:** in Udine, Friuli Stadium, Aug. 31.

Tickets are available in Vicenza at Media World in the Palladio mall or at http://www.green ticket.it/index.html?imposta_lingua=ing or <http://www.ticketone.it/EN/>.

Outdoor Recreation

Discover Florence

June 27, 7a.m.-9p.m. \$55. Call 634-7453.

Via Ferrata: Climb Italian pathways

Climb vertical pathways, Via Ferrara July 6. Call 634-7453.

Caorle beach

Relax and get a tan at Caorle Beach July 9, 9a.m.-6 p.m. \$30. Call 634-7453.

Nice and Montecarlo

Explore the French Riviera July 11, \$100. Call 634-7453.

Mackerel fishing

Enjoy fishing July 11; \$85 includes tackle, equipment, and transportation. Call 634-7453 to reserve a spot.

Lake Garda sea kayak

Sea kayak on Lake Garda July 12, \$45. Trip departs at 7 a.m. Call 634-7453.

Sporting Events

Road to World Boxing Championships 2009: July 10 in Milan, Italy vs. USA.

Now Showing

Ederle Theater

June 25	17 Again (PG-13)	6 p.m.
June 26	Hannah Montana: The Movie (PG)	6 p.m.
	Fighting (PG-13)	9 p.m.
July 1	Fighting (PG-13)	6 p.m.
July 2	State of Play (PG-13)	6 p.m.
July 3	Fighting (PG-13)	6 p.m.
	Crank: High Voltage (R)	9 p.m.
July 4	Transformers: Revenge of the Fallen (PG-13)	3 p.m.

Camp Darby Theater

June 26	Hangover (R)	6 p.m.
June 27	Fast & Furious (PG-13)	6 p.m.
June 28	Race to Witch Mountain (PG)	1 p.m.
July 2	17 Again (PG-13)	6 p.m.
July 3	The Taking of Pelham 123 (R)	6 p.m.
July 4	Coraline (PG-13)	6 p.m.

Admission: Age 12 and over \$4, under age 12, \$2. The Ederle Theatre box office opens one hour prior to show.

Looking for the movie synopsis? Check out the AAFES Web site: www.aafes.com, scroll to the bottom of the page and click on Movie Schedule.

Looking to buy or sell items? Check out MWR's Marketplace at www.mwrmarketplace.com.

July 4 CDC closures

CDC Bldgs. 395 & 398 will be closed for the federal holiday July 3.

On July 6, Bldg. 398 will be closed for staff training and care will be provided in Bldg. 395 instead. Call 634-5008.

Sign up for book club

Join a free book club, which will read "Three Cups of Tea" by Greg Mortenson July 9 at the library. Sign up at the circulation desk by July 6.

Romp 'n Stomp play

New Parent Support Group offers a free playgroup session July 8 at the Villaggio youth center. Bring your child age 0-3 for playtime from 10-11:30 a.m. Call 634-7912.

Autism/ADHD support group available

ACS Staff will host an Autism/ADHD Support Group July 9. Call 634-7500.

Communication class

The ACS staff will host a class to improve communication for couples July 10. Call 634-7500.

Woodshop certification

Earn your safety certificate for the woodshop July 11. Sign up by July 8.

This certificate is required prior to use of the woodshop. Call 634-7074.

Intro to Framing

Discover how to save time and money learning to frame your own art, certificates, and photos July 25. Sign up by July 12. Call 634-7074.

Boy Scouting

Have you completed fifth grade? Are you interested in adventure and learning life-long skills? Do you like traveling and meeting new people?

Then scouting is for you. For more information about BSA Troop 295, call Scoutmaster Charles Calabrese at 335-594-0624 or e-mail charles.calabrese@gmail.com

CIF closure

The USAG Central Issue Facility will be closed for annual property book inventory July 13-17. There will be no transactions during this time. Call 634-3945.

Investment knowledge sharing club

Meets July 1 at Davis Soldier and Family Readiness Center at 11:30 a.m. Exchange investment knowledge with others at this

free meeting. Call 634-7912.

Are you proud of YOUR culture?

Would you like to share some of the character that makes your ethnic experience special? Do you want to learn about other people's views of life? Do you want to celebrate American heritage and history with food, music and fun?

The Vicenza Community Equal Opportunity Office is looking for guidance on how to best broadcast your cultural voice. Community members are encouraged to contact EO if they have ideas, resources or enthusiasm to be a part of the installation's special observances. Call Sgt. 1st Class Stu Cameron at 634-7914 or Sgt. 1st Class Joseph Osinski at 634-6061.

Free playgroup

New Parent Support Group offers a free playgroup session every Wednesday at the Villaggio Youth Center.

The first playgroup is scheduled for July 1. Parents bring your child, age 0-3, for playtime from 10 a.m. to 11:30 a.m. Call 634-7912.

Wii tournament

\$5 entry fee for adults-only tournament at Lion's Den. June 25, 6 p.m. Cash prizes. Call 634-8257.

Makeup techniques

Recommended for mothers and teens. June 27, 3-5 p.m. \$25. Call 634-7074.

BOSS extreme weekend in Switzerland

BOSS only trip. We have space for 16 BOSS Soldiers to go to Interlaken, Switzerland, July 3-5. \$90 includes transportation and lodging at the Happy Inn hostel.

Participants have the option of choosing from extreme events like sky diving, zorbing and parasailing, which are extra and paid for by the participant upon arrival. Call 634-7453 to sign up.

Become a professional home provider

Increase your family income while staying home with your children. Work part-time to full-time, and get free training. Call 634-7615.

CYS summer hire lunch program

Free food, games and fun from 11:30 a.m.-1:30 p.m. at the

Teen Center for all CYS Summer Hire participants. There will also be summer field trips.

Begins June 22. First field trip (free) is scheduled to Jesolo Beach, June 27. Call 634-7659.

Army arts contest

Upload digital images of your artwork and fill out a registration form at <https://artscrafts.fmwrc.army.mil> through June 30. This is an annual worldwide contest open to Soldiers, Army civilians, retirees and their family members.

Top three selections will be displayed at the art and culture event on post in August. Local top placers will be sent to the worldwide contest.

Saturday CDC care offered July 11

In honor of Independence Day, CDC 395's monthly Saturday Care will be offered July 11, from 8 a.m.-4 p.m.

Call for reservations beginning June 27 at 634-7559.

Oil painting

Create your own masterpiece with a three-session class in oil painting. Supplies included, begins July 8. Sign up by July 5 at the arts center, 634-7074.

Intro to wheel throwing

Learn to make your own bowl or vase at the arts center. Supplies included. June 26, 4-6 p.m. \$45. Call 634-7074.

Tennis clinic, for kids

Beginning June 15, enroll your child in one or more sports clinics offered through CYS Services. The first clinic will be tennis, June 29-July 3. The cost is \$20, paid at Central Registration in Davis Soldier & Family Readiness Center. Call 634-6151.

USO announcements

The USO and AT&T are having a Fourth of July giveaway, including 10 sets of Aqualand tickets. Listen to AFN to find out how to win.

Need some help with your Italian? Sign-up for our Level 1 Italian Class. Cost is \$118 plus the cost of the book. Classes are Tuesdays and Thursdays and from July 7-Sept. 4.

The USO is located in Bldg. 9A. Hours are Monday-Friday 11 a.m.-10 p.m., Saturday noon-6 p.m., and Sunday 12:30-6:30 p.m.. Call 634-7156.

Health center briefs

The health center will be closed June 26 for Organization Day. For urgent concerns when the clinic is closed, or for medical emergencies at any time, go directly to the San Bortolo Hospital emergency room. Call

634-7952 or 0444-71-7952 for more info.

Call the patient liaisons at 0444-75-3300. To request an ambulance, call 0444-71-7114 from off-post, or 114 from any DSN phone.

June MOMS club events

26 June: Walk the Track 10-11 a.m.

27 June: Father's Day barbecue from 4:30-6:30 p.m.

Commissary open

The Vicenza Commissary will be open regular hours over the Fourth of July weekend.

PWOC hosting summer studies

PWOC offers two different studies over the summer. *Frazzled Female*, a book study, helps women balance faith, ministry, work, and home life.

Bible Studies By Demand is a video study perfect for those who will be in and out over the summer.

PWOC meets Tuesdays June 30 and July 7, 14, 21 and 28 from 10-11:30 a.m. in the chapel activity room.

Child care is provided for ages 6 weeks to 12 years. Evening study is on Wednesday from 5:30-6:30 p.m.

Financial Readiness

The ACS financial readiness program is trying to help Soldiers be prepared for any financial situation.

Cast your vote for the subject of the training, held Tuesdays 9-10 a.m. in the ACS conference room. Call 634-7500.

Where's the beach?

Visit www.vicenzamwr.com for directions to area beaches.

Schedule your pre-separation counseling

Knowing exactly what benefits and services you've earned by being on active duty is like money in the bank. Start banking for your future. Attend pre-separation counseling at your Vicenza ACAP Center. Call 634-7189 to register.

Preschool library story time held weekly

Bring your preschooler, age 3-5, to the post library's Story Time Wednesdays, Thursdays and Fridays from 10-11 a.m. and Fridays from 12:30-1:30 p.m.

Become a volunteer

Build your experiences and resume and a new network of people. Call the Army Volunteer Corps to find out what the opportunities are in your community, register online and mark your hours which will follow you at any installation.

Call 634-7500 for more info.

Religious activities

Chaplain Crisis Line

To speak with a chaplain after hours call 634-KARE (634-5273).

Sunday services

8 a.m.: Sacrament of Reconciliation, or by appointment

9 a.m.: Roman Catholic Mass. Mass is held weekdays at noon

9 a.m.: Protestant Sunday school and AWANAs (September through May in Vicenza High School)

10:45 a.m.: Catholic religious education (Sept.-May in Vicenza High School)

11 a.m.: Protestant worship

1:30 p.m.: Full Gospel Pentecostal worship

4 p.m.: Lutheran worship

6 p.m.: Contemporary Christian service

Mondays

Noon: LDS Scripture Study

5:30 p.m.: High School Club in the Teen Center

Contact Cadena Trusty at 320-808-6148 or vicecb@yahoo.com.

Tuesdays

9:15 a.m.: Protestant Women of the Chapel

Wednesdays

Noon: Protestant Men of the Chapel Bible study (at DFAC)

3 p.m.: Praise Dance practice

3:30 p.m.: Middle School club meets in VHS cafeteria September-May

5 p.m.: Contemporary Praise band practice

5:30 p.m.: PWOC evening Bible study

Thursdays

9:30 a.m.: Catholic Women of the Chapel

5:30 p.m.: Gospel service choir rehearsal

7:15 p.m.: Gospel service Bible study

Faith group contacts

Islamic: Spc. Kasimov, 329-034-3511

Jewish: Sandy Schoenberg at 634-6202 or sandy.schoenberg@eur.army.mil.

Latter Day Saints: Scripture study is held each Monday, noon-1 p.m. at the Chapel. Sunday services, 9:30 a.m.-12:30 p.m. downtown. Call Sean Peterson at 335-8219492.

Call the Caserma Ederle chapel at 634-7519 (0444-71-7519) for religious activities.

Community Calendar Highlights

June 25 - Garrison Retiree Ceremony

July 2 - Salute to the Nation 10 a.m., Freedom Fest 5 p.m.

July 3 - Italian rest day; U.S. training holiday, federal holiday

July 4 - Independence Day

July 6 - U.S. training holiday

DON'T BE LATE: E-mail briefs to editor@eur.army.mil noon Monday or by Friday at 4 p.m. if Monday is a holiday.



Some members of the beginners class give the okay sign. (From right) Michelle Krewson, Elyse Roques, instructor Carlos Palacios, Kyle Kaus, Marshall Johnson, Sean Frazier and assistant instructor candidate John Griffis.



Sgt. 1st Class Brad Polensky checks both of his regulators during class.



Caserma Ederle's BOSS president Sgt. Alex Jordahl takes a break during a June 19 scuba session at the Villaggio pool.

Take a dive with ODR's scuba class

Story and photos by
LAURA KREIDER
Outlook staff

If you don't know much about scuba diving, there are opportunities on post to learn about this sport.

Outdoor Recreation offers a course for beginners, which includes three sessions of classroom time, two days at the pool and two days in open water.

"Few people actually know what scuba stands for," said Staff Sgt. John Griffis, who is currently working toward his Assistant Instructor Certification.

Griffis is the 173rd Airborne Brigade Combat Team Brigade Chaplain Assistant NCOIC.

Griffis explained that the word *scuba* is an acronym for "Self Contained Underwater Breathing Apparatus."

"The history of scuba is quite recent; the biggest advance on the path to scuba diving came in the 16th century when people started using diving bells to pump air from the surface to people underwater," he said.

According to Griffis, the sport has advanced a fair bit since then, although the diving bell has remained an important method for centuries.

"Scuba diving as we know it really came together during and after World War II," he said.

During the classes held at Villaggio pool, participants began by learning more about their equipment and how to deal with the change in air pressure.

"As you go deeper underwater, the pressure around you increases" explained Griffis.

"If the pressure becomes too much, you can rupture your eardrums or damage your sinuses. And if you come up from underwater too quickly, you can get 'the bends,' also known as decompression sickness," he said.

Once participants are certified as beginner open water, they may complete other courses up to instructor trainer by the National Association of Underwater

Instructors (NAUI).

Outdoor Rec's Carlos Palacios has been an instructor trainer for the past year.

"Before that, I was an assistant to the previous instructor," said Palacios.

"Scuba diving is a great sport. It gives you the opportunity to explore, enjoy and learn more about a whole new world," he said. "It challenges you mentally and physically. And at the end you will be left with not only a sense of accomplishment but also

with new skills that can follow you anywhere in the world. Here at Outdoor Rec we have a great scuba program.

"We hold all types of classes throughout the summer. Some are conducted locally and others are held in Croatia," he added.

For information about the program and upcoming events contact ODR at 634-7453.

INTERESTED?

Reserve space in the next scuba class by calling 634-7453 or visiting Outdoor Recreation

Cruising

Soldiers and family members enjoy still waters as they kayak with Caserma Ederle's Outdoor Recreation at nearby Lake Garda. Upcoming ODR kayaking trips are scheduled for July 12 at Sirmione, Lake Garda; Aug. 2 at Sirmione, Lake Garda; and Aug. 9 at Isola di Garda, Lake Garda. Call 634-7453 for more information.

ODR photos



Softball Soldier League Standings

Team	Win	Loss	Game Scores
HHD 509	6	2	June 15
14th Trans.	5	3	USAHC: 4 vs. HHC 1/73rd: 17
SETAF	4	1	AFN South: 2 vs. F&M: 0
D Co. 1/503	3	1	June 17
AFN South	3	6	USAHC: 6 vs. HHD 509: 13
HHC 1/73	1	0	14 Trans: 13 vs. AFN South: 9
HHC 1/503	1	2	
USAHC	1	6	
Female & Male	0	3	

Tennis Recreational League

Match Scores
June 11
Jacob Schreiber 8 vs. Anthony Nicholson 0
Matthew Garsez 8 vs. Emily Ward 0

Tennis clinic June 29-July 3

Enroll your child in one or more sports clinics offered through CYS Services. The tennis clinic is offered June 29-July 3. The cost is \$20. Call 634-6151 for details.

Summer Basketball League

This is limited to 12 players, including coaches. The first meeting is July 1, 2 p.m. at the Fitness Center. Call 634-7009 for details.

July 4th weekend

Horseshoe tournament for male & female, singles & doubles, July 3-4.

There is a participants meeting July 2, 9:30 a.m. outside the Ederle Inn.

Outdoor 6v6 volleyball tournaments and 5v5 basketball will be held with a participants meeting July 2 at 2 p.m. and 2:30 p.m., Fitness Center. Awards for all events. Call 634-7009 for information.

Les Mills fitness classes

Check out three Les Mills classes - body pump, combat and attack for free June 28-July 1.

Members, coaches needed for post softball team

Sports, Fitness & Aquatics is looking for players and coaches to help build a male and female post softball team.

Teams will practice Tuesdays and Thursdays at 7 p.m. at the softball field.

Participants must be at least 18 and out of high school.

Swim team coaches needed

The Mako Sharks community swim team is looking for adult volunteers interested in coaching a competitive swim season throughout the summer and/or fall 2009-2010.

If you would like to spend time mentoring children between ages 6-19, contact Cindi Unger at cindi.unger@us.army.mil or Arlana Young at arlanayoung@hotmail.com.

Aqua aerobics instructor

The USAG Vicenza Sports and Fitness Office is looking for certified aqua aerobics instructors.

Call Joe Reeder at 634-5181 or 0444-71-5181 for more information.

Body builder competition

Start training now for the competition in September. Call 634-6716 for information. Registration information to be released online at www.vicenzaMWR.com.